

Richton School District
RICHTON ELEMENTARY
MARCH 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				Mar - 1 Macaroni & Cheese wit Ham Slice Whole Kernel Corn Seasoned Lima Beans Fruit Crisp Fresh Oranges Chocolate Milk Fat Free Milk Strawberry Milk
Mar - 4 Sloppy Joe on Bun Spicy Fries Tossed Salad w/ Dress Baby Carrots w/ Dressi Fresh Oranges Chocolate Milk Fat Free Milk Strawberry Milk Ketchup	Mar - 5 Hamburger w/ Trimmin Straight Fries Green Beans Baked Beans Assorted Fruit Juices Fresh Apples Strawberry Milk Fat Free Milk Ketchup Mustard, PC, MS1538 Mayonnaise	Mar - 6 Chicken Tenders Tossed Salad w/ Dress Black-Eyed Peas Baked Beans Frozen Fruit Juice Cup Pineapple Tidbits Chocolate Milk Low Fat Milk Honey Mustard Sauce Ketchup	Mar - 7 BBQ Pork Sandwich Straight Fries Creamy Coleslaw Strawberry Milk Fat Free Milk Fresh Apples Assorted Fruit Juices Whole Kernel Corn	Mar - 8 Corn Dog Nuggets Tossed Salad w/ Dress Baby Carrots Steamed Spinach Fresh Orange Smiles Chilled Pear Halves Chocolate Milk Low Fat Milk Ketchup Mustard, PC, MS1538
Mar - 11 Bacon Burger French Fries Green Beans Confetti Coleslaw Assorted Fruit Juices Fresh Apples Strawberry Milk Low Fat Milk Ketchup Mustard, PC, MS1538 Mayonnaise	Mar - 12 Corn Dog Nuggets Tossed Salad w/ Dress Baby Carrots Baked Beans Fresh Orange Smiles Chilled Pear Halves Chocolate Milk Low Fat Milk Ketchup Mustard, PC, MS1538	Mar - 13 Chicken Tenders Tossed Salad w/ Dress Seasoned Lima Beans Baked Beans Frozen Fruit Juice Cup Chilled Peach Slices Chocolate Milk Low Fat Milk Honey Mustard Sauce Ketchup	Mar - 14 Beefy Nachos Grande Tossed Salad w/ Dress Whole Kernel Corn Green Beans Fresh Kiwi Wedges Fruit Crisp Chocolate Milk Fat Free Milk Taco Sauce Hot Sauce	Mar - 15 Steak Fingers Southern Collard Gree Tossed Salad w/ Dress Cornbread Pineapple Tidbits Chocolate Milk Fat Free Milk Fresh Apples Glazed Carrots Ketchup Hot Sauce
Mar - 18 Bean Burrito Salsa Broccoli Florets w/ Dip Tossed Salad w/ Dress Fruit Cocktail Fresh Bananas Chocolate Milk Fat Free Milk Strawberry Milk	Mar - 19 Hamburger Steak w/ G Tossed Salad w/ Dress Mashed Potatoes Black-Eyed Peas Fresh Oranges Chilled Pear Halves Chocolate Milk Fat Free Milk Whole Wheat Roll	Mar - 20 Chicken Nuggets Tossed Salad w/ Dress Seasoned Lima Beans Baked Beans Chilled Peach Slices Chocolate Milk Fat Free Milk Honey Mustard Sauce Sweet and Sour Sauce Fresh Bananas Ketchup	Mar - 21 Sloppy Joe on Bun Spicy Fries Baby Carrots w/ Dressi California Veggies Fruit Crisp Fresh Oranges Chocolate Milk Fat Free Milk Ketchup	Mar - 22 Hot Dog Glazed Carrots Seasoned Cabbage Fresh Oranges Applesauce Chocolate Milk Fat Free Milk Strawberry Milk Mayonnaise Mustard, PC, MS1538 Ketchup

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 25	Mar - 26	Mar - 27	Mar - 28	Mar - 29
BBQ Pulled Pork Burg Straight Fries Green Beans Chocolate Milk Fat Free Milk Strawberry Milk Fresh Apples Confetti Coleslaw Ketchup	Vegetable Beef Soup Refried Beans Steamed Broccoli Spe Tossed Salad w/ Dress Fruit Cocktail Fresh Apples Chocolate Milk Fat Free Milk Strawberry Milk Saltine Crackers	Beef Ravioli Tossed Salad w/ Dress California Veggies Baby Carrots Chocolate Pudding Sliced Apples Fresh Apples Chocolate Milk Fat Free Milk Yeast Roll	Hot Dog Tater Tots Tossed Salad w/ Dress Baby Carrots Assorted Fruit Juices Fresh Bananas Chocolate Milk Fat Free Milk Ketchup Mustard, PC, MS1538 Mayonnaise	Chicken Quesadillas Green Beans Tossed Salad w/ Dress Straight Fries Fresh Grapes Assorted Fruit Juices Chocolate Milk Fat Free Milk Strawberry Milk

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