

# Richton School District

## BREAKFAST MARCH 2019

Feb 19, 2019

Page 1

Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 4  Whole Grain Biscuit Cherry Frudel Assorted Cold Cereals Strawberry Toaster Pastry Chocolate Milk Fat Free Milk Fresh Apples Assorted Fruit Juices Assorted Jellies Sausage Patty	Mar - 5  Hot Grits Assorted Cold Cereals Fresh Grapes Assorted Fruit Juices Chocolate Milk Fat Free Milk Assorted Jellies	Mar - 6  Croissant Assorted Breakfast Bre Assorted Cold Cereals Fruit Flavor Cereal Bar Fresh Oranges Assorted Fruit Juices Chocolate Milk Fat Free Milk Assorted Jellies Hot Grits	Mar - 7  Sausage & Pancake on a Stick Assorted Cold Cereals Strawberry Toaster Pastry Yogurt Parfait Fresh Pears Assorted Fruit Juices Chocolate Milk Fat Free Milk Pancake Syrup	Mar - 1 Mar - 8  French Toast Sticks Assorted Cold Cereals Fruit Flavor Cereal Bar Fresh Bananas Assorted Fruit Juices Chocolate Milk Fat Free Milk Pancake Syrup
Mar - 11  Whole Grain Biscuit Cherry Frudel Assorted Cold Cereals Strawberry Toaster Pastry Chocolate Milk Fat Free Milk Fresh Apples Assorted Fruit Juices Assorted Jellies Sausage Patty	Mar - 12  Hot Grits Assorted Cold Cereals Fresh Grapes Assorted Fruit Juices Chocolate Milk Fat Free Milk Assorted Jellies	Mar - 13  Croissant Assorted Breakfast Bre Assorted Cold Cereals Fruit Flavor Cereal Bar Fresh Oranges Assorted Fruit Juices Chocolate Milk Fat Free Milk Assorted Jellies Hot Grits	Mar - 14  Sausage & Pancake on a Stick Assorted Cold Cereals Strawberry Toaster Pastry Yogurt Parfait Fresh Pears Assorted Fruit Juices Chocolate Milk Fat Free Milk Pancake Syrup	Mar - 15  French Toast Sticks Assorted Cold Cereals Fruit Flavor Cereal Bar Fresh Bananas Assorted Fruit Juices Chocolate Milk Fat Free Milk Pancake Syrup
Mar - 18  Whole Grain Biscuit Cherry Frudel Assorted Cold Cereals Strawberry Toaster Pastry Chocolate Milk Fat Free Milk Fresh Apples Assorted Fruit Juices Assorted Jellies Sausage Patty	Mar - 19  Hot Grits Assorted Cold Cereals Fresh Grapes Assorted Fruit Juices Chocolate Milk Fat Free Milk Assorted Jellies	Mar - 20  Croissant Assorted Breakfast Bre Assorted Cold Cereals Fruit Flavor Cereal Bar Fresh Oranges Assorted Fruit Juices Chocolate Milk Fat Free Milk Assorted Jellies Hot Grits	Mar - 21  Sausage & Pancake on a Stick Assorted Cold Cereals Strawberry Toaster Pastry Yogurt Parfait Fresh Pears Assorted Fruit Juices Chocolate Milk Fat Free Milk Pancake Syrup	Mar - 22  French Toast Sticks Assorted Cold Cereals Fruit Flavor Cereal Bar Fresh Bananas Assorted Fruit Juices Chocolate Milk Fat Free Milk Pancake Syrup
Mar - 25  Whole Grain Biscuit Cherry Frudel Assorted Cold Cereals Strawberry Toaster Pastry Chocolate Milk Fat Free Milk Fresh Apples Assorted Fruit Juices Assorted Jellies Sausage Patty	Mar - 26  Hot Grits Assorted Cold Cereals Fresh Grapes Assorted Fruit Juices Chocolate Milk Fat Free Milk Assorted Jellies	Mar - 27  Croissant Assorted Breakfast Bre Assorted Cold Cereals Fruit Flavor Cereal Bar Fresh Oranges Assorted Fruit Juices Chocolate Milk Fat Free Milk Assorted Jellies Hot Grits	Mar - 28  Sausage & Pancake on a Stick Assorted Cold Cereals Strawberry Toaster Pastry Yogurt Parfait Fresh Pears Assorted Fruit Juices Chocolate Milk Fat Free Milk Pancake Syrup	Mar - 29  French Toast Sticks Assorted Cold Cereals Fruit Flavor Cereal Bar Fresh Bananas Assorted Fruit Juices Chocolate Milk Fat Free Milk Pancake Syrup

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**