

Richton School District

BREAKFAST FEBRUARY 2022

Jan 26, 2022

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Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 31 Hot Grits Bacon Strips Assorted Cold Cereals Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Fat Free Milk	Feb - 1 Southern Biscuit Sausage Patty Cherry Frudel Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Fat Free Milk	Feb - 2 Southern Biscuit Sausage Patty Country Style Gravy Assorted Cold Cereals Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Fat Free Milk	Feb - 3 Hot Grits Bacon Strips Assorted Cold Cereals Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Fat Free Milk	Feb - 4 Sausage & Pancake on a Stick Assorted Cold Cereals Fresh Pears Assorted Fruit Juices Chocolate Milk Fat Free Milk Pancake Syrup
Feb - 7 Hot Grits Bacon Strips Assorted Cold Cereals Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Fat Free Milk	Feb - 8 Southern Biscuit Sausage Patty Cherry Frudel Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Fat Free Milk	Feb - 9 Southern Biscuit Sausage Patty Country Style Gravy Assorted Cold Cereals Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Fat Free Milk	Feb - 10 Hot Grits Bacon Strips Assorted Cold Cereals Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Fat Free Milk	Feb - 11 Sausage & Pancake on a Stick Assorted Cold Cereals Fresh Pears Assorted Fruit Juices Chocolate Milk Fat Free Milk Pancake Syrup
Feb - 14 Hot Grits Bacon Strips Assorted Cold Cereals Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Fat Free Milk	Feb - 15 Southern Biscuit Sausage Patty Cherry Frudel Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Fat Free Milk	Feb - 16 Southern Biscuit Sausage Patty Country Style Gravy Assorted Cold Cereals Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Fat Free Milk	Feb - 17 Hot Grits Bacon Strips Assorted Cold Cereals Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Fat Free Milk	Feb - 18 Sausage & Pancake on a Stick Assorted Cold Cereals Fresh Pears Assorted Fruit Juices Chocolate Milk Fat Free Milk Pancake Syrup
Feb - 21 Hot Grits Bacon Strips Assorted Cold Cereals Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Fat Free Milk	Feb - 22 Southern Biscuit Sausage Patty Cherry Frudel Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Fat Free Milk	Feb - 23 Southern Biscuit Sausage Patty Country Style Gravy Assorted Cold Cereals Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Fat Free Milk	Feb - 24 Hot Grits Bacon Strips Assorted Cold Cereals Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Fat Free Milk	Feb - 25 Sausage & Pancake on a Stick Assorted Cold Cereals Fresh Pears Assorted Fruit Juices Chocolate Milk Fat Free Milk Pancake Syrup

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.