

**Richton School District**  
**RICHTON ELEMENTARY**  
**FEBRUARY 2022**

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 31 Turkey and Cheese Wr Whole Kernel Corn Baked Beans Sliced Strawberries Fresh Fruit Bowl Chocolate Milk Fat Free Milk Mayonnaise Mustard	Feb - 1 Baked Pork Chop Yeast Roll Green Beans Criss Cut Sweet Potato Fresh Fruit Bowl Chilled Pear Halves Chocolate Milk Fat Free Milk Ketchup Hot Sauce	Feb - 2 Chicken and Ham Loaded Baked Potato Yeast Roll Glazed Carrots Blueberries with Whipp Topping Fresh Fruit Bowl Chocolate Milk Fat Free Milk Margarine	Feb - 3 Chicken Nachos Spanish Rice Refried Beans Tossed Salad w/ Dress Fresh Fruit Bowl Chilled Peach Slices Chocolate Milk Fat Free Milk Taco Sauce Hot Sauce	Feb - 4 Cheeseburger Crinkle Cut Fries Mixed Vegetables Fresh Fruit Bowl Applesauce Chocolate Milk Fat Free Milk Mayonnaise Mustard Ketchup
Feb - 7 Spaghetti & Meat Sauc Whole Wheat Garlic T Green Beans Tossed Salad w/ Dress Fresh Fruit Bowl Blueberries with Whipp Topping Chocolate Milk Fat Free Milk Hot Sauce	Feb - 8 Taco Soup Fiesta Rice Refried Beans Fresh Fruit Bowl Chilled Pear Halves Chocolate Milk Fat Free Milk Taco Sauce Saltine Crackers	Feb - 9 Spaghetti & Meat Sauc Whole Wheat Garlic T Green Beans Tossed Salad w/ Dress Fresh Fruit Bowl Blueberries with Whipp Topping Chocolate Milk Fat Free Milk Hot Sauce Chocolate Chip Cooki	Feb - 10 Chili Con Carne W/ Be Cornbread Steamed Broccoli Flore Glazed Carrots Fresh Fruit Bowl Chilled Peach Slices Chocolate Milk Fat Free Milk Chocolate Chip Cooki	Feb - 11 BBQ Turkey Sandwich Potato Salad Baked Beans Fresh Fruit Bowl Applesauce Chocolate Milk Fat Free Milk Hot Sauce
Feb - 14 Chicken Fajitas Fiesta Rice Refried Beans Whole Kernel Corn Fresh Fruit Bowl Sliced Strawberries Chocolate Milk Fat Free Milk Taco Sauce Hot Sauce Chocolate Pudding	Feb - 15 Sliced Turkey with Gra Yeast Roll Mashed Potatoes with Cheese Steamed Broccoli Flore Fresh Fruit Bowl Chilled Diced Pears Chocolate Milk Fat Free Milk Hot Sauce Ketchup Chocolate Chip Cooki	Feb - 16 Beefy Nachos Grande Spanish Rice Refried Beans Whole Kernel Corn Fresh Fruit Bowl Blueberries with Whipp Topping Chocolate Milk Fat Free Milk Taco Sauce	Feb - 17 Meatloaf Pasta with Italian Red Sauce Whole Wheat Roll Glazed Carrots Seasoned Cabbage Fresh Fruit Bowl Chilled Peach Slices Chocolate Milk Fat Free Milk Barbecue Sauce	Feb - 18 American Sub Criss Cut Sweet Potato Baked Beans Tossed Salad w/ Dress Fresh Fruit Bowl Applesauce Chocolate Milk Fat Free Milk Mayonnaise Mustard Ketchup
Feb - 21	Feb - 22 Hamburger Steak w/ G Yeast Roll Mashed Potatoes Whole Kernel Corn Fresh Fruit Bowl Chilled Diced Pears Chocolate Milk Fat Free Milk Ketchup	Feb - 23 Chicken Spaghetti Whole Wheat Garlic T Green Beans Tossed Salad w/ Dress Fresh Fruit Bowl Blueberries with Whipp Topping Chocolate Milk Fat Free Milk Hot Sauce	Feb - 24 Taco Pie Refried Beans Tex Mex Style Beans Fresh Fruit Bowl Chilled Peach Slices Chocolate Milk Fat Free Milk Graham Crackers Taco Sauce	Feb - 25 BBQ Pork Sandwich Potato Salad Baked Beans Fresh Fruit Bowl Applesauce Chocolate Milk Fat Free Milk Barbecue Sauce

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**